

fitness suite solutions

With over 25 years experience and expertise in the fitness market, we can provide a comprehensive package to achieve a vibrant, high quality health and fitness facility, from the design stage, delivery and installation, through to after sales maintenance.

cardiovascular equipment

Several ranges of top brand CV equipment are available. All our equipment is built to last, with consideration given to both the club owner and the user. Apparatus such as treadmills, ellipticals, rowers and bikes developed through a customer-centric mindset.



resistance equipment

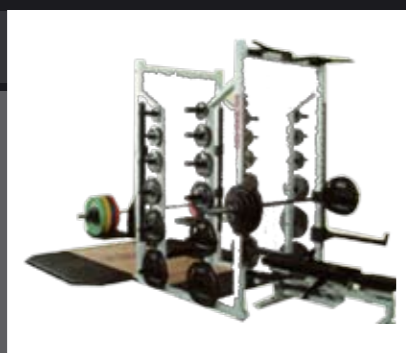
We supply the full spectrum of resistance machines from several top brands names.

Our products are designed to be easy to use and comfortable, creating a fresh look for your facility.



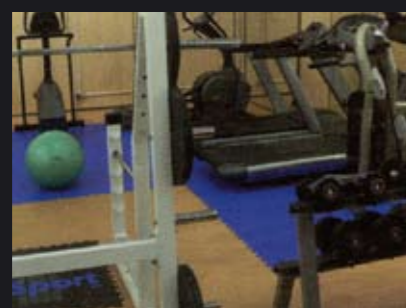
strength equipment

Power racks, benches, dumbbells, barbells and accessories... everything you need for complete strength training. We supply top quality equipment to suit every gym environment.



flooring

Gym and leisure centres all over Ireland are benefiting from the quality and safety Pavi gym flooring. A product that is lightweight, durable, hygienic and shock absorbent. It is easy to install, comes with a 5 year guarantee and is available in a variety of colours.



maintenance

Our installation and maintenance teams provide a service throughout Ireland. Your equipment is therefore in good hands throughout its life. Servicing contracts are available for leisure centres and private gym facilities, to service and maintain gym equipment.

A maintenance service can also be provided for third party equipment.

fitness testing

Monark Bikes are specifically designed for heavy use in fitness centres, sports clubs and physiology departments for controlled exercise programming and fitness assessments.



complimentary service

Add the finishing touches to your fitness suite with high quality additions such as mirrors and lockers. We also supply audio visual equipment, making your facility up-to-date with the latest technology.

retail shop



podium - the sport specialists

RUNNING

All the top brands stocked, with highly trained, experienced staff to ensure you get the best shoe for your running style.

HOCKEY

Unique hockey hitting area where all weights, shapes and sizes of sticks can be tried and tested. We also stock a full range of goal keeping equipment.

RUGBY & FOOTBALL

Stocking a wide range of boots, balls, kits and accessories, from top name brands. We also supply the full range of SAQ trainings aids.

HOME FITNESS

Treadmills, cross trainers, cycles, rowers and much more on display. All the equipment you need to get fit at home. No more excuses!

OTHER SPORTS

Swimming, racquet sports, cricket, netball, gaelic football and hurling.

Visit our 8,000 sq. ft. superstore, open 7 days - late night Thurs
40 Montgomery Rd, Castlereagh, Belfast.

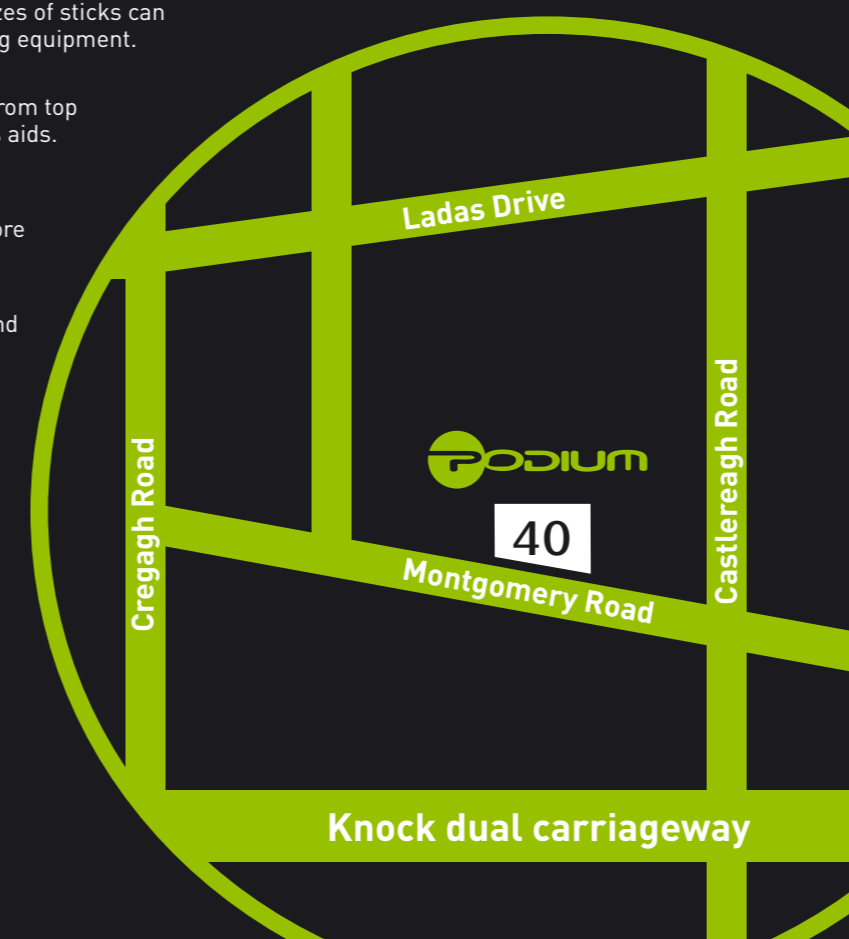
Phone one of our expert team
Retail: +44 (0) 28 9070 1333
Commercial: +44 (0) 28 9070 1444

For more information or to order online visit:
www.podium4sport.com

specialist departments



WHERE TO FIND US



PODIUM 4 sport

at a glance

who we are. what we do.



If sport is important to you, you are in the right place. It isn't just our business, it's our passion. We provide a massive range of sport-related products and services to sport people and organisations, both **retail** and **commercial**.

about us

Podium 4 Sport is the new name for the combined businesses of ViSport and Hampden Sport Ireland. Supplying equipment to the sporting community in Ireland for over 25 years, these two resources are now united under a single brand - **Podium 4 Sport**; providing unrivalled capability and support for all your sporting needs - from a basic football to full gymnasium or fitness suite and everything in between.

Our aim is to offer you a one stop shop for everything sport related, wherever you are in Ireland. If you don't see what you want in our catalogue, or website, please contact us as we are continually developing our product range.

We have been approved suppliers to all Northern Ireland Education and Library Boards, plus the Department of Education in Ireland, for many years.

Through vast experience in this field, we have sourced the best value and quality products available. Our own installation and maintenance team provide a service throughout Ireland for all fitness and school gymnasium equipment. Your equipment is therefore in good hands throughout its life. A maintenance service can also provide for third party equipment.

our customers, products & services

SPORTSPEOPLE

Equipment, accessories, clothing, footwear, professional advice

SCHOOLS

Sports hall, PE suites, equipment, games, teaching resources, games posts

YOUTH ORGANISATIONS

Indoor and outdoor equipment, mobile activities, games.

TEAM & CLUBS

Training gear, kits, equipment, gyms, coaching resources, games posts

LEISURE SOLUTIONS

Fitness suites, sports halls, equipment, seating, lockers, storage



call us now for your copy
+44 (0) 28 9070 1444

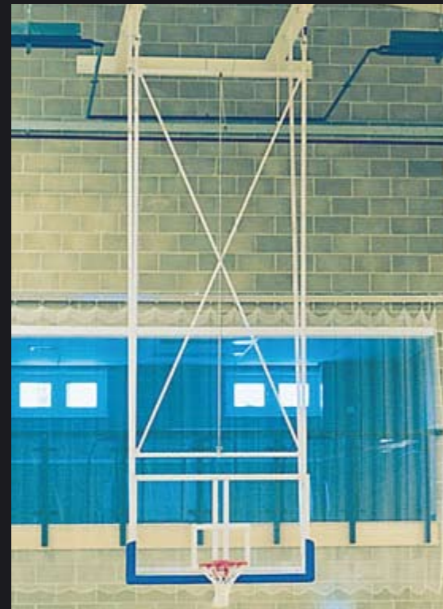
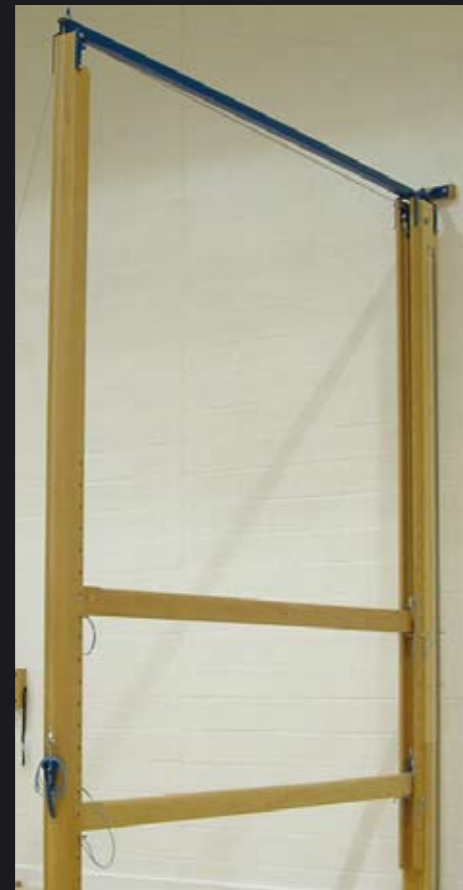
Our comprehensive guide for schools, councils, sports clubs and youth organisations, with over 400 pages of essential supplies and equipment; everything from beanbags to heavy duty apparatus.

www.podium4sport.com

sport hall solutions



We offer answers to all your sports hall needs, whether it be fixed or portable equipment, posts, line markings or accessories. We have equipped many sports and leisure centres throughout Ireland, and offer technical advice and support alongside a huge range of equipment to suit any budget. Our experienced team will take you from the design stage through to delivery and installation.



list of services

- Climbing frames & apparatus
- Gymnastic equipment
- Gymnastic matting
- Basketball goals
- Trackway & netting
- Gym time
- Games posts
- Sports floor line markings
- Rebound boards
- Trampolines



group activities

Our innovative sports for groups offer 100's of play products to aid skills development, for all ages and abilities. They aim to add interest and lots of fun to your activity programmes. Games include activities such as parachute games and pop-up targets, as well as the old favourites like Uni Hoc and Kiwik Cricket. Everything you need for your youth club, BB, GB, summer scheme etc.

safe flooring



The ideal children's flooring for play and learning areas. It is comfortable, easy to install and store and hygienic with an antibacterial protector. Pavi Play helps in developing the senses & developing social relations between the children and their environment.

thermoplastic playground markings



School playgrounds all over the country have been transformed by these excitingly colourful and durable markings, making break times educationally entertaining.

indoor line marking

Whatever the sport, we can provide line markings in a variety of colours with special designs being catered for.

exercise can be fun for everyone

Huff and Puff is a cross curricular learning project promotion health related exercise and lifestyles, whilst being enjoyable and great fun.

In addition to the physical benefits, play and exercise can increase the children's feeling of the well being, reduce stress and improved behaviour and learning. Schools are also finding that levels of self confidence, self discipline and social skills can improve dramatically.

The great thing about the Huff & Puff scheme is that the school can take full ownership of it and adapt it to fit its requirements and needs.

grass matting

Grass mats are an environmentally friendly way of creating a safety surface for children's play areas. The mats protect children from falls of up to 3 metres whilst keeping the ground from becoming boggy. Grass can grow up through the mats and be cut as normal.



teams & clubs

At Podium we can provide everything you need for your team or club. For many years we have been a major supplier to football, rugby and hockey clubs and teams throughout Ireland. In addition, we specialise in training aid and team wear, offering a huge range of products and great value. Team kits from top name brands can be personalised with embroidered club badges, school crests, numbering and screen printing.

FOOTBALL



Official partners for the Grassroots and County Excellence Programme

RUGBY



Supplying Canterbury and Kukri teamwear to hundreds of rugby and hockey teams and clubs throughout NI.

HOCKEY



posts & nets

We supply and install posts and nets for all sport, indoor and outdoor. Our products are of the highest quality, independently tested to exceed British and CEN European Safety Standards, everything from portable goals and club models to international standard posts. We supply a full range of portable PVC posts, suitable for use on a many surfaces and virtually maintenance free, as well accessories such as corner flags and post protectors. Within our range you will find a product to meet your needs, built for strength, safety, durability and performance.

Podium 4 Sport is the single agent for Harrod UK in Ireland. Harrod UK equipment is used wherever performance is required. At the millennium Stadium, Lansdowne Road and all Premiere league football clubs, Harrod UK goals and nets are the showpiece of the venue.

We offer the largest range of products for all of the popular sports and excellent quality and value makes them first choice for clubs, schools and organisations of all sizes.



training aids

We provide the full range of SAQ products. This is an ideal training aid for forcing the feet to adapt to extremely fast patterns of footwork by repeating the exercises over and over again. Indispensable for exercising in striding, jumping, arm control and lateral speed.

